**Gestalt Associates** *for* **Psychotherapy**

**Psychoanalytic Program Course Registration Form Spring Semester 2024**
The following courses are required for trainees in the NYS Licensure Program, and are also open as electives. Full course descriptions may be accessed at [www.gestaltassociates.org](http://www.gestaltassociates.org). Courses are offered every 2 to 3 years. **Courses will take place via Zoom and/or Hybrid, due to the current COVID crisis, unless otherwise indicated.**

***Diagnosis and the Body: An Historical Understanding of How We Diagnose and Work with the Body in Therapy (D3):***This course explores the original contributions of Freud, Reich, Perls, Lowen, and Pierrakos, as well as contemporary views of the unspoken language of the body. We will focus on what our clients' bodies reveal to us through body structure, posture/gesture, breath and gait, as well as autonomic nervous system regulation/dysregulation. We will then explore how these factors help to inform us in developing a diagnosis and treatment process. The course will be both didactic and experiential.
15 hours, $450  Instructor: Jennifer Griesbach, LCSW-R, Weekend Workshop, Saturday, & Sunday, March 2 & 3; 10am – 6pm (1/2-hour lunch break)
In Person Only, GAP offices, 36 West 25th St., 10th Floor, New York NY

***Understanding and Working With Personality Disorders (PP4):***This seminar will focus on the difficult treatment issues presented by Personality Disorders. The seminar will include: an overview of the different theories and ways of looking at Personality Disorders; their characteristics and diagnosis; and different principles of intervention, with an accent on the Gestalt approach to treatment. Participants are invited to present cases from their practice in this seminar.

10 hours, $300 Instructor: Justin Laird, PhD, LP, Saturdays, 3/30; 4/6, 4/13, 6/1; 10:15am – 1:00pm. Location: TBA

***Attachment Theory Through the Life Cycle (PD4):*** Attachment Theory is a psychological theory that provides a descriptive and empirical framework for interpersonal relationships throughout the life span. The central theme of Attachment Theory is that the infant-caregiver relationship informs styles of attachment which impact behaviors later in life. This course will explore in depth the work of John Bowlby, the first attachment theorist; Mary Ainsworth and her groundbreaking “strange situation” study; Margaret Main; and John Fonagy.  The implications for psychoanalysis, psychotherapy, and parental support will be addressed.
15 hours, $450 Instructor: Jordan Dann, LP, Saturdays,  April 20 & 27, May 11; 10am-3pm

***Resistance, Transference, Countertransference, Existential Issues (RTC4):*** This course will examine transference/countertransference/resistance in its historical context as it emerged from an intrapsychic individualist model and developed into a model focusing on the emerging structure of the situation. We will analyze the influence of phenomenology, gestalt psychology, and existentialism, as they relate to the innovations of Gestalt therapy. Clinical material will be presented to exemplify contemporary Gestalt therapy’s use of transference/counter-transference as a functioning of the contact-boundary in a psychotherapeutic meeting.
10 hours, $300  Instructor: Dan Bloom, JD, LCSW, Saturdays, May 4 & June 8; 11am-2pm and May 18 & June 22; 11am-1pm

***Case Seminar, Dreamwork (CS6):***In this course, we will focus on the clinical use of dreams, noticing their structure and timing in the therapeutic process, and how they arise from and impact the therapy and the treatment relationship. We will use case examples to demonstrate how images from dreams and dreamwork can be utilized as an ongoing homework practice to help patients alter habitual patterns of interrupting contact. Each participant will contribute case examples for discussion, and will prepare a paper and presentation. (Note: Dream Analysis, PP3, is a prerequisite for this course, as well as a caseload of at least one current patient.)

10 hours, $300 Instructor: Susan Jurkowski, LCSW, LP (Dates & times will be arranged by the instructor, with trainees who have met the pre-requisite requirements)

***Family and Couples Therapy From a Systems, Gestalt and Psychoanalytic Perspective (SC1):***This course will address family issues, dynamics and treatment from a Gestalt Psychoanalytic perspective, interweaving ideas derived from Family Systems theory. We will look at the history of the development of Family Therapy, various schools of thought, emphasizing gestalt, psychoanalytic and systems thinking and modes of treatment. We will study tapes and use role play as well as supervision of actual cases to explore various treatment interventions based on solid theoretical formulations.  Saturdays, xxx
15 hours, $450 Instructor: Arleen Maiorano, LCSW, LP, Saturdays, September 7, 21, 28; 9:00am -1pm; Friday 9/13, 6-9pm

***Object Relations, Self-Psychology and Gestalt Therapy, an Integration (P5):***Gestalt therapy provides a comprehensive framework for object relations and self-psychology psychoanalytic theories. We will review the different schools of object relations and self-psychology theories, with an emphasis on how they can be utilized to broaden a Gestalt theoretical view of psychotherapy. Review of case material and use of experiential work in class will be used to enhance an understanding of object relations and self-psychology from a Gestalt perspective.
10 hours, $300 Instructor: Evan Senreich, PhD, LCSW Mondays: June 3, 10, 17, 24; 7 – 9:30 pm

***Case Seminar, Case Studies through the Life Cycle of Treatment (CS5):***In this course, students read examples & then present their own cases surrounding the following topics: Beginnings: Introductions and Engagement; Middle Phase: Core Issues & Major Theme Development; Transference and Countertransference; & Endings: Termination Issues in Treatment.

10 hours, $300, Instructor: Patricia Tucker, LCSW, LP, Mondays September 9, 23, & 30; 5:30 – 8:30pm, plus one hour of individual case preparation.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
I would like to register for:
□ ***Diagnosis and the Body (D3), $450***□ ***Understanding and Working With Personality Disorders (PP4)***, ***$300***
□ ***Attachment Theory Through the Life Cycle (PD4, $450:***□ ***Resistance, Transference, Countertransference, Existential Issues (RTC4), $300***□ ***Case Seminar, Dreamwork (CS6), $300***□ ***Family and Couples Therapy (SC1), $450***

□ ***Object Relations, Self-Psychology and Gestalt Therapy (P5), $300***

□ ***Case Seminar, Case Studies through the Life Cycle of Treatment (CS5****),* ***$300***

Please register by email at gestaltassoc@aol.com, or on the payment page of our website, [www.gestaltassociates.org](http://www.gestaltassociates.org)
\*Please note: One absence per class is permitted with the instructor’s approval; participants will be sent a recording of the missed class, and a summary will be due before the next scheduled class.